

## Eldercare Solutions – Final Exam Answer Key

Take the exam and check your answers with this answer key to test your knowledge!

This exam is free and available to you and anyone else who wants to take it anytime, however it is intended to be taken after you complete the course Eldercare Solutions on Udemy.

If you haven't taken the exam yet you can find it on our Free Resources page on our site at [www.ldsewell.com](http://www.ldsewell.com).

Read the following are the correct answers to the exam;

1. What is a caregiver?

Member of a person's social network or a paid provider

2. The best time to start a conversation about care needs with the care recipient ?

Before they need care

3. When deciding on care duties and responsibilities your plan;

Formal, in writing – signed and understood by all parties

4. When deciding on the place for caregiving when you will be living together where should that be?

In separate living quarters at your current home or jointly acquired new property

5. Should Incontinence issues always be left to the discretion of the care recipient as to when the need to transition to briefs and or bed pads arises, or is it the caregiver's responsibility to address the issue immediately when necessary?

As the caregiver you need to immediately address the issue

6. What should you do about the costs associated with caregiving?

The care recipient should pay for all their own costs if they have the means

7. As a caregiver how will you handle recreation and stress relief for yourself?

Schedule it and make it happen as a matter of routine

8. Can other family members and friends of the care recipient can be counted on to understand the nature of the situation and to help you?

No in almost all cases

9. Caregiving requires good communication and good leadership skills along with the ability to make tough decisions – so when you are the caregiver who is primarily responsible for making the key decisions related to caregiving ?

You are if you are the caregiver

10. Time necessary for caregiving usually is time that is taken away from?  
Both a and b
11. Regarding the financial implications of caregiving how will it likely impact you and your family?  
Expenses are likely to be far more than ever imagined and will definitely negatively impact you and your family
12. Once you start caregiving for a family member is it a permanent commitment no matter what may come?  
No – In cases where there is aggression due to cognitive issues or otherwise, caregiving should be discontinued and other arrangement sought out
13. Over time the care recipient is very likely to need;  
More and More care
14. Is there a difference between a Power of Attorney and a Medical Power of Attorney?  
Yes, they are significantly different
15. When is the best time to obtain legal authority to act on behalf of your care recipient?  
Immediately - before beginning caregiving
16. Is caregiving easier or more difficult than most people assume it will be?  
Far more difficult than most people ever imagine
17. One of the ways you can get a break from caregiving is by;  
Scheduling respite care
18. When caring for a person who has dementia or Alzheimer's will the difficulty be more or less than otherwise?  
There is a massive difference – and it will be far more difficult in almost all cases
19. How will you address the issue of lifting and moving a care recipient when necessary?  
Obtain training and utilize special equipment if necessary
20. What are some of the main reasons for discontinuing caregiving and placing your care recipient in a more formal environment such as a nursing home?  
Both a and b
21. Many caregivers will eventually become exhausted and overwhelmed – how can you deal with this issue when it happens?  
Join an in person and or online support group

22. When talking with an agitated person with dementia should you correct them when they get their facts wrong?

It is usually better not to try and correct them

23. When dealing with doctors and medical staff on behalf of your care recipient should you ever question their findings or instructions?

If you feel you need to ask for clarification and when desired get a second opinion from another provider

24. Is Hospice always good and always best to have involved as early as possible?

That depends heavily on the quality of the provider, your wishes and the wishes of your care recipient

25. When you become a caregiver for an elderly person it will likely last how long?

More than a year, and maybe more than five years or even longer